



Negrenses del Oriental de Minnesota



2018 ANNUAL NEWSLETTER

WELCOMING OUR NEW MEMBERS

Recently, 3 families and 2 single individuals from our province arrived here in Minnesota. Please join our community in welcoming the following: Gonzales Family from Dumaguete & Bais (Miguel, Nathalie and their son Nathan); Corathon Amor Chia from Dumaguete; Abad Family from Zamboanguita (Mark Edwards, Lorlene "Mae", Lya & Matthieu); Eduardo "Ed" Kabristante from Bais; and the Montesclaros Family (Edmund, Marivel, Joshua, Jacob & Janell), also from Dumaguete.



BANDILYO ESKWELA 2018

For the past 5 years now, our partnership with DYWC in the distribution of schools supplies to students in far-flung, poverty stricken areas of the province has touched the lives of thousands, students and parents alike. Bandilyo Eskwela 2018 went to Sagbang Elementary School in Valencia, Negros Oriental and Kilaban Elementary School & Tumampon Elementary School, both in Ayungon, Negros Oriental and distributed school supplies to about 500 students.



2018 BAIS BAY MEDICAL MISSION

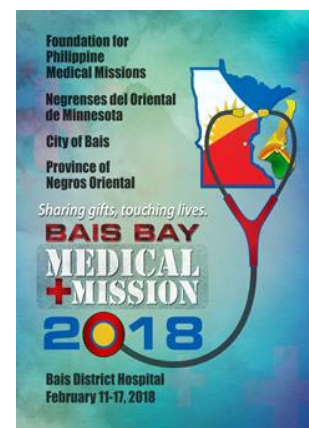


Services Offered during the 2018 <u>Bais</u> Bay Medical Mission	Number of Beneficiaries
Outpatient Clinic	4,380
Eye Clinic	4,505
Eyeglasses (Pick & Choose)	2,500
Dental	1,380
Minor Surgery	190
Major Surgery	83
Dental Kits & Fluoride Treatment	3,923
Lecture to Nurses/Student Nurses	171

The 2018 Bais Bay Medical Mission, a Negrense project in partnership with the Foundation for Philippine Medical Missions (FPMM), the province of Negros Oriental and the Local Government Units of Mabinay, Manjuyod, Bais, Tanjay & Pamplona (otherwise known as the MAMA BATA PA Inter-Local Health Zone), brought home the biggest medical mission in the history of our province last February 11-17, 2018. The mission provided free & quality medical, surgical, dental and ophthalmic care to thousands of residents in the area. The mission also donated medical supplies and equipment to Bais District Hospital and the Rural Health Centers of MAMA BATA PA.

MEDICAL EQUIPMENT DONATED TO BAIS DISTRICT HOSPITAL

2 Narkomed anesthesia machines	2 Isoflurane vapor 19.1	9 Patient gurney
4 SSCOR suction pumps	2 Anesthesia oxygen regulators	2 Burton floor plant
1 Gomco (Allied) suction pump	1 Ambulance transport patient cart	5 ISO gown carts, yellow
2 Stainless Steel side cart	40 Patient beds	1 Stainless steel linen cart
7 LED articulating floor lamps	8 Home patient beds	6 IV pole
1 GE transport Pro anesthesia patient monitor	2 Metro shelf	4 Crash carts
3 Stainless steel back tables	6 Doctors stools, round	13 Stainless steel mayo table (9 w/tray, 4 w/o)
2 Birthing tables	7 Foot stools	1 Amsoco 2080 surgical table
1 Omron blood pressure machine	1 Harvey Sterile Max autoclave	1 HP Patient anesthesia monitor



LET'S TALK SPORTS: KEEP THE BLOOD FLOWING

by Margot Zerrudo



November 2014 was the year that my husband Kim and I finally set foot on this land we now call home – Minnesota. With the cold weather and the overflowing support of our Negrense Family who welcomed us with open hearts and full tummies, it did not take long for us to put on weight and added more fat to our bodies to protect us from the bitter winters. Feeling the “hibernation mode” slow down our metabolism, we were grateful to Salih “Pong” Ututalum and Ricardo “Dokie” Solamillo who introduced us to the beauty of biking/cycling in Minnesota. (This city is full of beautiful bike trails year-round that should be taken advantage of!) The **Negrenses MN Sikad** was then revived and since then, 4 years after, the group has continued to pedal the trails, single tracks and city streets of Minnesota. Highlights of the Sikad group include the yearly **Tour De Hugo** which ranges from the least mileage of 20 miles to as long as the Century Ride (we are not yet at that level). We are proud to share though that we have Negrense kids who were able to finish the 20 miler on their first ride. The group has also joined the Tour de Shoreview 2 years back and some members tried out the Minneapolis Bike tour as well. Other paved trails the group frequents are the **Gateway Trail** to Stillwater, **Cannon Valley** trail to Red Wing, **Root River Trail** to Lanesboro and occasional City rides across the **Stone Arch Bridge** or around Lakes Phalen, Johanna, Harriet, Island, Turtle or Snail Lakes. Wanting to keep the blood flowing amongst our fellow Negrenses, we also have other sports activities which include Single Track Mountain Biking at **Elm Creek, Carver Lake, Lake Rebecca, Theodore Wirth, Lebanon Hills** and **Cuyuna**. Aside from biking, we also have mixed Volleyball either on grass near the New Brighton area or on sand at Island Lake. Last 2015, the SU Volleyball Team Damang joined the CSFA Outdoor mixed Volleyball tournament and garnered a trophy as Silver Champions. Lastly, we also have Soccer. Our Soccer Team meets up every Thursday to play with other teams also by Hazelnut Park at New Brighton. We encourage one and all to get into/back into sports. We hope to keep the blood flowing within and outside our group for as they always say: “health is wealth”. No matter how old you are, feel free to join us and keep the spirit of sportsmanship and camaraderie alive. Here's to more fun times ahead!

UPCOMING ACTIVITIES

December 16, 2018 (7 PM) - SIMBANG GABI @ St. John The Baptist Church
New Brighton, MN

July 22, 2019 (11 AM) - ANNUAL SUMMER PICNIC (Venue TBA)

OFFICERS

President: Jose Felipe “Jun” Torres, Jr.
Vice-President: Wilfredo “Willy” Tropezado
Secretary: Iris K. Bendijo
Assistant Secretary: Trixy Pearl Susas
Treasurer: Sylvia U. Lirazan
Assistant Treasurer: Rocheli Ortega
Auditor: Genevieve “Bebang” Malinoski
PRO: Mariquita de Mira and Zybel Roxas Fitzgerald

Board Members:

Ted Lirazan
Fr. Vic Valencia
Suzette “Bebotte” Foroozan
Deodato “Didi” Dagudag
Rey Bendijo
Mardee Teves Ututalum

Committee Chairpersons:

Membership: Wilfredo “Willy” Tropezado
Project Development: Ely Alcala
Medical Mission: Reza Foroozan
Finance: Helen Hamman
Sports : Margot & Kim Zerrudo
Socio-Cultural: Maricel Tropezado
Youth: Trixy Pearl Susas
Information & Communication: Mariquita de Mira & Zybel Roxas Fitzgerald

Negrenses del Oriental de Minnesota is a 501 (c) (3) nonprofit organization.

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Check out our website: www.negrensesmn.org